



120 capsules

This formula provides a natural blend of 30% tocotrienols and mixed tocopherols extracted from rice bran oil.

Tocotrienols are isoprenoid compounds related to the vitamin E family. While the structure of tocotrienols differs only slightly from vitamin E, it gives tocotrienols distinct functions of their own. Tocotrienols are free radical scavengers and are also involved in the enzymatic activity of lipid metabolism.

In addition, this formula contains alpha and gamma tocopherols, the active forms of vitamin E. A powerful antioxidant, vitamin E helps to preserve the cell membranes of cardiac and skeletal muscles. Vitamin E also plays a critical role in nucleic acid and protein metabolism, mitochondrial function, and hormone production.

Special note: If you are pregnant, lactating, have any health condition or taking any medication, consult your health practitioner before use.

Recommended dose: 1-2 capsules per day, with meals

Ingredients: Each softgel capsule contains:

Vitamin E (as d-alpha tocopherol) (from rice bran oil)	22iu
Tocotrienols/tocopherols (from rice bran oil)	60mg
other ingredients: gelatin capsule (gelatin, glycerin, water)	